

# HOT Evidence

Handwriting for Children & Youth 5–21 Years

## Why This Matters

- ▶ Literacy, the ability to read and write, is **foundational to academic success**.
- ▶ Impairment in **handwriting** has been linked to **barriers to fluent composition** and **productive engagement in academic tasks**.
- ▶ **Therapeutic practice** is effective in supporting the development of **legible handwriting**.

## Improving Handwriting Legibility

Evidence-Based Interventions



**Don't provide isolated training** on the components of handwriting (e.g., in-hand manipulation, visual perception, visual-motor skills)



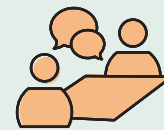
Use activity-based practice



Have students self-evaluate handwriting



Use handwriting curricula that include sensorimotor activities



Co-teach and collaborate with teachers

## Find the Evidence

Visit [www.ota.org](http://www.ota.org) to review this Critically Appraised Topic Paper from a *Handwriting Interventions for Children and Youth 5–21 Years*.