

HOT Evidence

Adults With Multiple Sclerosis, Work and Social Participation

Why This Matters

Approximately 400,000 Americans and **2.5 million people worldwide** are affected by multiple sclerosis (MS).

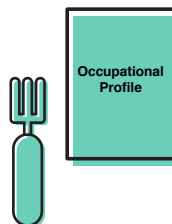
Occupational therapy practitioners play an important role in helping older adults with MS in the areas of **education, work, volunteering, leisure, and social participation.**

Improving Work & Social Participation

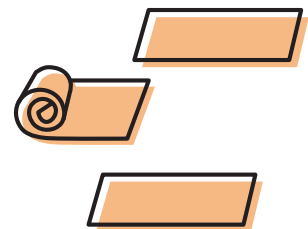
Evidence-Based Interventions



Online work-related training modules, including interactive components



Individualized, goal-oriented interdisciplinary rehabilitation



Group yoga exercises

Find the Evidence

Visit www.ota.org to review this Critically Appraised Topic Paper ***OT Interventions Addressing Work and Social Participation for Adults With Multiple Sclerosis.***